Let Us Be Overcomers Here

He that overcometh shall inherit all things; and I will be his God, and he shall be my son. Revelation 21:7. {UL 245.1}

If we will put self out of sight and come into right relation to God, we will manifest a forbearance and kindness that will make us a blessing to all with whom we associate. We need to come into right relation to God, for we are not safe unless we place ourselves under the broad shield of Omnipotence. Only there can God work through us to will and to do of His good pleasure, as we work out our salvation with fear and trembling.... {UL 245.2}

Many of us need a clearer understanding of what it means to be an overcomer by the blood of the Lamb and the word of our testimony. We need to learn, as we follow on to know the Lord, that His going forth is prepared as the morning. You have watched the rising sun and the gradual breaking of day over the earth. Little by little the light increases till the sun appears. Then, growing constantly stronger, the light increases until we have the full glory of the day. This preparation of the morning is a beautiful illustration of what God desires to do for us in the perfecting of our Christian experience. We cannot afford to do a haphazard work in this world. We are seeking for a life that measures with the life of God.... {UL 245.3}

We need to keep ever before us the course that Christ followed. It was an overcoming course. When the devil came to Him in the wilderness of temptation, bidding Him command that the stones be made bread, that He might satisfy His hunger, the Saviour, though faint from want of food, refused to follow his suggestion.... <u>It was in the order of God that He should have this experience that He might be touched with the feelings of the hungry, and know how to sympathize with those who were suffering and in want.... {UL 245.4}</u>

As the enemy worked to overcome the Saviour, so he will work with the human family today. But in every time of trial and difficulty, remember that Christ has passed through similar experiences, and He came out from every trial without a stain of sin upon His character. He came to show what every member of the human family may become through His grace. He understands every difficulty that we must meet, and He stands ready to strengthen those who struggle with Him against the powers of evil. <u>He waits to hear and answer their prayers.</u> {UL 245.5}

When heaven is won, and we pass through the gates of the City of God to hear the words "Well done, good and faithful servant;—enter thou into the joy of thy Lord," <u>how small will seem</u> <u>the trials and difficulties that have beset our pathway here</u>.—Manuscript 17, August 19, 1911, sermon preached at Long Beach, California. {UL 245.6}

JUST WHEN I NEED HIM

1 Just when I need Him, Jesus is near, Just when I falter, just when I fear; Ready to help me, ready to cheer, Just when I need Him most. Just when I need Him most, Just when I need Him most, Jesus is near to comfort and cheer, Just when I need Him most.

2 Just when I need Him, Jesus is true, Never forsaking, all the way through, Giving for burdens pleasures anew, Just when I need Him most. Just when I need Him most, Just when I need Him most, Jesus is near to comfort and cheer, Just when I need Him most.

3 Just when I need Him, Jesus is strong, Bearing my burdens all the day long; For all my sorrow giving a song, Just when I need Him most. Just when I need Him most, Just when I need Him most, Jesus is near to comfort and cheer, Just when I need Him most.

4 Just when I need Him, He is my all, Answering when upon Him I call; Tenderly watching lest I should fall, Just when I need Him most. Just when I need Him most, Just when I need Him most, Jesus is near to comfort and cheer, Just when I need Him most.

INGREDIENT ANTI INFLAMMATORY JUICE

Looking for an all-natural anti-inflammatory juice? This three-ingredient juice may be the answer to your joint pain. Once you try this, I think it will be your new go-to recipe for relieving those aching joints.

Do you ever have those mornings when you wake up to joint pain? It happens to me sometimes when it is raining. Though there is no proven evidence that rainy weather causes joint pain, there is some proof that barometric pressure could be the culprit, just like it can be the problem for those of us who get weatherrelated headaches.

Either way, this anti-inflammatory juice is the perfect remedy for joint pain. It is also a great afternoon pick-me-up. Make a big batch and drink it over a couple of days. It keeps well in the fridge for two days, but it really is best if you drink it right away.

Though I will admit, not everyone is going to love the flavor of this juice, everyone can benefit from it! I personally like the taste, and love that it gives me relief from joint pain.

Add beets and carrots for extra nutrition and flavor. If you need to add a little sweetener, that's okay, too, though I'd encourage you to try it straight first.



Do you have a juicer? There are SO many on the market, and some are better than others. Be sure to get one that's easy to clean and dishwasher safe. Let's face it, if it's a hassle to clean the juicer, you won't use it as often.

ANTI INFLAMMATORY JUICE RECIPE

Ingredients

4 bunches Kale 2 – 3 large Cucumbers 1 head of Celery

Wash and dry (or make it easy and <u>spin</u>) the veggies.

Juice the **kale** first. Follow with the **celery** and **cucumbers**. Enjoy a glass now and store the rest in glass jars.

For an extra boost, add a scoop of powdered <u>collagen</u>. It does not change the flavor at all and supports joint flexibility. It is the perfect anti-aging supplement. I will take all the anti-aging I can get!

CLOSING THOUGHTS

As the enemy worked to overcome the Saviour, so he will work with the human family today. But in every time of trial and difficulty, remember that Christ has passed through similar experiences, and He came out from every trial without a stain of sin upon His character. He came to show what every member of the human family may become through His grace. He understands every difficulty that we must meet, and He stands ready to strengthen those who struggle with Him against the powers of evil. He waits to hear and answer their prayers.

CLOSING PRAYER

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